



Biography

Ulrica Nilsson started her career as a registered nurse in 1980 and became a specialist nurse in anesthesia in 1985. She defended her PhD thesis in Medicine in 2003 and became an Associate Professor in Perioperative Nursing (2009) and a Professor in Nursing (2012) at Örebro University in Sweden. In September 2018 she was appointed professor of Nursing at Karolinska Institute, Sweden.

Dr. Nilsson's research area is perioperative nursing care with a special focus on postoperative recovery. Postoperative recovery aims to facilitate the assessment of a patient's post-discharge experience and the compilation of related data through development and evaluation of different patient-reported outcome measures (PROM) in children and adults. Further aims are to develop effective procedures and secure technical solutions for postoperative follow-up that ensure patient safety and self-care, improve the quality of the postoperative recovery, and make postoperative care more cost-effective.

Keynote Lecture : "Postoperative recovery: What it is and how to improve it"